



NAM COLLEGE KALLIKKANDY

(Affiliated to Kannur University, Accredited by NAAC with B Grade)

KALLIKKANDY (PO), KANNUR DT, KERALA, 670693

www.namcollege.ac.in

☎ 0490 2463067 ✉ namcollege@yahoo.co.in



3- Research, Innovations and Extension

3.2- Innovation Ecosystem

3.2.1 Institution has created an ecosystem for innovations and has initiatives for creation and transfer of knowledge

Fruit Garden Project

NCC unit of this college planted 20 mango trees in the premises of the campus as part of Fruit Garden project on 06-09-2019. All cadets were involved in this event.

INTERNATIONAL YOGA DAY CELEBRATION

As part of International Yoga Day Celebration, NCC unit conducted one hour Yoga practice on 21-June 2019 from 7'o clock to 8. The event was inaugurated by College Principal Dr K.K. Muhammed Kutty. Sri. K.P. Rajil gave leadership to the yoga practice.



Ozone Day Celebration

Ozone Day Celebration on **24th September 2019**, by the financial support of **KSCSTE**. A workshop on making eco-friendly items like *paper pen*, *paper bags* was also conducted in connection with this programme.



World Food Day

World Food Day is a day of action dedicated to tackling global hunger. "Uniting against hunger" was the theme for this year's world food day. NAM College union celebrated world food day on 16th October 2018 by distributing food to those who were living at the outskirts of Kallikkankdy, Panoor bus stand and in General Hospital Thalasseri .The food were brought from the houses of students itself.

Food Fests

'Thattikoot ' was a colorful programme organized by the college union. This department base cooking completion conducted on 25th January 2019. This evaluated the cooking skill of the students and the contestant has to make delicious food within a short span of time. Only three students from each department were allowed to participate in this competition. Commerce department won the first prize. B.Sc Mathematics and B.Sc Computer Science shared the second prize. BBA Department selected for third prize.

NCC Flood Relief

All cadets of the unit actively participated in the flood relief activities. Cadets collected clothes and food materials and handed them to the flood relief collection center of the District collector at Thalassery on August 20th 2018.

Weekly Session of 'T.TALK' Inauguration

T.TALK session conducts by History students association 'Historia' every Friday at 1:30pm in front of the college library. The program was started with a welcome speech by Abdulla E, Union Chairman. The program was inaugurated by Honorable principle Dr. Muhammed Kutty. Mr Akshay, Second year student of History the delivered keynote address on ' Conflict between West and East' Dr. Muneera Beebi, Associate Professor of History and Munafar Kappil, UGC Librarian delivered the felicitational address. Program concluded by the vote of thanks by Fiza Parvin.





UN Day

On 24 October 2018 NAM College Union observed in the college. Janab K.K. Muhammed, manager of the college, unfurled the pigeon, symbol of peace, into the sky. Students reaffirmed our commitment to repair broken trust, ,to heal our planet ,to leave no one behind and to uphold dignity for one and all. Majeesh T and Madhusudhanan was also participated in the function.

Magazine Release

NAM College Students Union Magazine-2018 ' Changala ' released on 7 January 2019 by the famous novelist P.Surendran. The college Principal Dr.K.K. Muhammed Kutty presided over the function. Student editor, V.K Muhammed Rashid delivered the welcome speech. Dr. Madhusoodanan,Dr.Rajesh Kumar,Abdul Rahoof AT,Shemin Shahas,Siyad felicitated the function. The 2018-19 student editor Althaf winded up the program with vote of thanks.

Anganavadi Visit

NSS volunteers of NAM College Kallikandy visited "ManikothAnganavadi" at Kunnothparamba Gramapanchayth on October 17, 2018. Sri Balan master inaugrated the programme. Around 16 members participated. Colour books, Colour pencil,chocolates and balloons were distributed by NSS volunteers

Vimukthi

NAM college Kallikkandy in collaboration with Tripangottoor Panchayath organized an 'Anti-Drug' Awareness Programme to educate the students and common people about the after effect and results of drug abuse and to discourage them from using drugs .The programme was conducted in ten Schools under Tripangottoor Panchayath .The Campaign was held from November 27 to December 7.On behalf of this programme, NSS volunteers conducted motivation classes and also exhibited various short films provided by Excise Department. The programme was presided by Kattoor Mahamood,President of Trippangottoor Grama Panchayath and inaugurated by Panoor C.V.Benny at Kadavathur West UP School. Civil Excise officer M.K Prasanna gave a motivation class to students. NAM college Principal Dr.KK.Muhammed Kutty, P a n c h a y a t h m e m b e r s N e l l o o r I s m a i l , S a k e e n a T h e k k a y i l , A P . I s m a i l , H e a l t h I n s p e c t o r T e n n i s o n T h o m a s , T . K . S r e e j i t h , M o t h e r P T A p r e s i d e n t C . H J a s e e l a a n d H e a d m a s t e r P . A s h o k a n d e l i v e r e d t h e f e l i c i t a t i o n a l a d d r e s s . T h e s e c o n d s e s s i o n w h i c h s t a r t e d a t 2 p m i n K a d a v a t h u r L P s c h o o l w a s p r e s i d e d o v e r b y P T A P r e s i d e n t P . T . K R a m a k r i s h n a n a n d W a r d M e m b e r N e l l o o r I s m a i l i n a u g u r a t e d t h e p r o g r a m m e . S a f i y a , P T A p r e s i d e n t d e l i v e r e d t h e f e l i c i t a t i o n s p e e c h . N S S v o l u n t e e r H a f i s G . w a r n e d t h e s t u d e n t s o n t h e d a n g e r o f d r u g . N S S v o l u n t e e r s e x h i b i t e d a n e x p e r i m e n t t o s h o w t h e b a d e f f e c t s t o t h e l u n g s . A s h o r t f i l m w a s d i s p l a y e d t o t h e s t u d e n t s . N S S v o l u n t e e r M u h s i n a T . d i c t a t e d A n t i - D r u g p l e d g e t o t h e s t u d e n t s . T h e p r o g r a m m e w a s l e d b y N S S v o l u n t e e r s i n c l u d i n g S h i h a d . T , A s h i k C . H , F a v a s K . K . V o t e o f t h a n k s w a s d e l i v e r e d b y P . K S a v i t h a , t e a c h e r o f K a d a v a t h u r L P S c h o o l

Short Film

A short film directed by Prithwiraj, BA English student as a tribute to former principal Dr.K.K. Musthafa 'Vidyagiri' was released on 20/12/2018 by Jithu Kolayad (Director,screen writer & Cinematographer). Principal K.K..Muhammed Kutty presided over the function. Dr.K.K. Musthafa felicitated the function

Kushtaroga Nirmajanam

NAM College NSS unit participated in a Government programme named as “Ashwametham”. On December 5, 2018. It is a survey to invent the presents of leprosy. The Thriprangottoor Grama Panchayath president Kattoor Muhammed inaugurated the programme . candidates of NAM

College NSS unit participated as main volunteers with Asha workers to visit the houses of Thriprangottoor and check the presence of leprosy

Environment Day

As part of the National Environment day celebration, NCC unit observed environment day on 5-6-2019. Cadets planted 10 trees saplings around the campus.

Mega Cleaning Drive at Flood affected house

NCC Units of NAM College have actively participated disaster relief activities in the flood affected area. As part of this cleaning home and chlorinated well in the Peringathur area on 12 Aug 2019.

Plastic Collection 25-09-2019

As part of the SwachataPackhwada, NCC unit of NAM College conducted a one day Plastic collection campaign at inside the college building. All 53 NCC cadets were involved and they collected plastic from the college office, all the department and classes. Lots of plastic material were collected and segregated it for recycling. NCC Officer Lt Shameer A P inaugurated the function. CdtAshna , CdtPunya Ram N B, Cdt Muhammed shuhaib, Cdt Sanjay Raju, CdtMubashir lead the collection.

Food Distribution

Under the leadership of NAM college students Union, the college Union office bearers distributed more than 100 food packages at the Aduppil Colony in Calicut district. Union chairman Abdullah Tariq, secretary Muhammed Anseer, Jouhar,

One Day Workshop on *detergent and dish wash making*

On behalf of Polymer Chemistry Department, EXPLORICA –One day workshop on how to make dish wash and detergent had conducted on 11th July 2019, Thursday at college .Sri. Namshad.KP, Asst Professor of Polymer Chemistry, Welcomed all to the programme. Smt. Anusree K, head of Polymer chemistry department, addressed the audience and gave the presidential address. Dr.T Majeesh, Principal in charge of NAM College, Inaugurated the programme and appreciate the chief guest, Habeeba Patyeripoyil, a young women entrepreneur and former student of NAM College, for her success in her life through business. Then the chief

guest, Habeeba opens the door of her business secret and trained the students to make detergent and dish wash. Vote of thanks was proposed by Fathimath Nasriyya, Second year Polymer chemistry student. Shahid and Safwan lead the distribution.



10 Days Training Programme in Self-Defense

The Women's Cell conducted a 10 day training programme in self defence. This programme was inaugurated by the principal Dr. KK Mohammed Kutty on 08.03.2021. Sensei Dr. Vinodkumar K, Chief Instructor, Shotokan Karate School, Paral trained the students to build their self-confidence and courage to handle dangerous and unexpected situations in their lives. The programme ended on 22.03.21 and the best performers were awarded a memento by the principal.



Training Programme in Sewing

As part of enhancing life skills, Women's Cell conducted a training programme in sewing. Dr Minimol V K 03.03.21. The programme was greatly beneficial for many girls.



Legal Awareness Class

In connection with international women's day, women cell of NAM college, KALLIKKANDY conducted a legal awareness class on 09.03.2020. College principal Dr. Muhammed kutty K inaugurated the programme. Adv. BABITHA BALRAJ, chairperson of child welfare committee, kozhikode delivered the keynote address. She gave awareness about the articles and laws that are ensured by the Indian constitution for the protection of women against various atrocities. By this talk students acquire courage and confidence to face the problems.

INSTITUTION'S INNOVATION COUNCIL **N. A. M. COLLEGE KALLIKKANDY** **ANNUAL REPORT** **2020-2021**

IIC-NAMCK

N. A. M. College Kallikkandy has established Institution's Innovation Council (IIC ID-IC202015461) as per the norms of Innovation Cell, Ministry of HRD, Govt. of India, during IIC Calendar year 2020-21. The Main aim of IIC is to mentor and spread awareness on fostering innovation at Institute level. The Activities of IIC care to organize and submit reports on various activities such as innovation, IPR, Start-ups and EDP related activities.

IIC-NAMCK is actively involved in organizing and conducting various activities such as IIC calendar, MIC driven and Self Driven activities for students and faculties in the academic year 2020-21.

IIC- NAMCK established after the first meeting held on 21-01-2021. The IIC- NAMCK member's details for the academic year 2020-21 are as follows:

Sl.No	Nme	Member Type	Role on Committee
1	Dr. MOHAMMED KUTTY KAKKAKUNNAN	Teaching	Head of the Institution
2.	Sri. MUHAMMED SHAFI P,	Teaching	PRESIDENT
3.	Dr. M. K. MADHUSOODANAN	Teaching	VICE- PRESIDENT

4	Sri. AKBAR MUHAMMED JAMAL	Teaching	CONVEVOR
5	Sri. FAYAS C	Teaching	ARIIA - COORDINATOR
6	Dr. HASEEB V.V	Teaching	INTERNSHIP ACTIVITY CO-ORDINATOR
7.	Sri. MUNFAR KAPPIL	Non – Teaching	MEMBER
8.	Dr. ASHRAF .E	Teaching	START UP ACTIVITY CO- ORDINATOR
9.	Sri. GAFOOR I	Teaching	INNOVATION ACTIVITY CO-ORDINATOR
10.	Smt. ANUSREE K	Teaching	MEMBER
11.	Sri. SAKKARIYA K.K.	Teaching	MEMBER
12.	Sri. NASRULLAH MAMBROL	Teaching	SOCIAL MEDIA
13	Dr. SHAMEER A.P	Teaching	NIRF CO-ORDINATOR
14	Dr. E. K. MUNIRA BEEBI	Teaching	MEMBER
15	Dr. ABDUL GAFOOR C. V	Teaching	MEMBER
16.	Sri. MAHIR BIN FAROOQUE	External Member	START UP/ALUMNI ENTREPRENEUR
17.	Mr. ABBAS	External Member	START UP/ALUMNI ENTREPRENEUR
18.	Mr. FASIR USMAN	External Member	Bank
19.	Sri. SHANID P.P	Student Member	INTERNSHIP COORDINATOR
20.	Sri. SAHAD K	Student Member	INNOVATION COORDINATOR
21.	Sri. MUHAMMED RISHAN . N.P	Student Member	IPR CO-ORDINATOR
22.	Sri. ANZIL M.P	Student Member	Member
23.	Sri. FARHAN USMAN T.K	Student Member	SOCIAL MEDIA CO- ORDINATOR
24.	Sri. ANJEENATH K.B	Student Member	START UP COORDINATOR

ACTIVITIES UNDER IIC

Innovation Ambassador training at foundation level

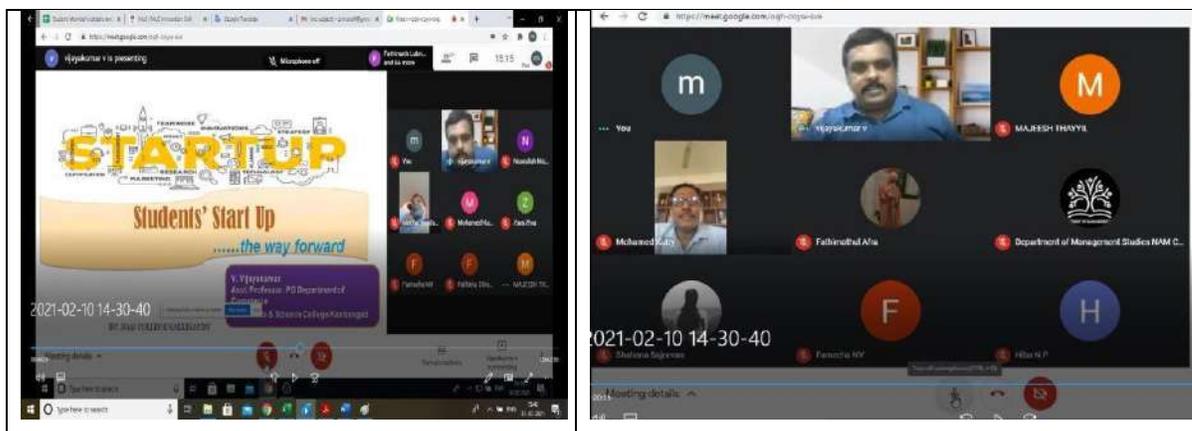
During the current academic year, five of the faculty members have completed Innovation Ambassador training at foundation level and are designated as “IIC-Innovation Ambassador”. They are trained to a role of mentor or guide for young minds in their pursuit of IIC activities.

The Faculty Innovation Ambassadors are:

1. Dr. ABDUL GAFOOR C.V
2. Sri. AKBAR MOHAMMAD JAMAL
3. Sri. MUHAMMED SHAFI P
4. Smt. ANUSREE.K
5. Sri. MUNFAR KAPPIL

Orientation Session on National Innovation and Start-up Policy (NISP)

The Institution’s Innovation Council N.A.M College Kallikkandy (IICNAMC) conducted an online orientation session on “National Education Policy focused on innovation and entrepreneurship” on 10-02-2021 at 2.45 p.m. through Google Meet. The chief guest was Jb. PPA Hameed, General Secretary Muslim Education Foundation. The resource person for the session was Mr. Vijaya Kumar. V, Assistant Professor in Commerce, Nehru Arts and Science College, Kanjangad. Sri. Muhammed Shafi. P, President IICNAMC delivered welcome speech and the presidential address was given by the Principal Dr. K.K. Muhammed Kutty. The orientation session was inaugurated by the chief guest Jb. PPA Hameed, General Secretary, Muslim Education Foundation. Dr. Majeesh T, Secretary, Staff Council, Dr. M.K. Madhusoodhanan, Vice President, IICNAMC, and Sri. Muhammed Ismail K.M., IQAC CoOrdinator felicitated the session. The session was handled by the resource person Mr. Vijaya Kumar. V, Assistant Professor in Commerce, Nehru Arts and Science College, He talked about the significance of innovation and entrepreneurship among the college going students. He also emphasized the tips and guidelines for the same. Sri. Akbar Mohammed Jamal, Co-Ordinator IICNAMC extended vote of thanks.



Orientation Session on National Education Policy (with a focus on Innovation and entrepreneurship)

The Institution's Innovation Council N.A.M College Kallikkandy ICNAMCK) conducted an offline orientation session on National Education Policy (with a focus on Innovation and entrepreneurship) on 12-02-2021-10:00 a.m. at N. A. M. College Seminar Hall. The resource person for the session was Sri. Subhash Babu K, Managing Director-Mizone. Dr. Shameer A.P, Assistant Professor, N.A. M. College Kallikkandy delivered welcome speech. The presidential address was given by Muhammed Shafi. P, President IICNAMCK. The orientation session was inaugurated by the Principal Dr. K.K. Muhammed Kutty. Dr. Majeesh T, Secretary, Staff Council, Dr. M.K. Madhusoodhanan, Vice President, IICNAMC, and Sri. Muhammed Ismail K.M., IQAC Co-Ordinator felicitated the session. The session was handled by the resource person Sri. Subhash Babu K, Managing Director Mizone. The session clearly explained the phases of how an unresolved problem leads to an idea creation which in turn leads to a start-up. Akbar Mohammed Jamal, Co-Ordinator IICNAMC extended vote of thanks.



MoU for Internship

The Institutions Innovation Council of N. A. M College Kallikandy has signed an agreement with Zeefasys, a software company headquartered in Minneapolis, USA. As per the MoU, both the undergraduate and post-graduate computer science students will get a platform for a virtual internship along with their studies. Besides, the co-operation will be beneficial to the college in conducting skill development programmes and international technical lectures. The MoU was signed by the College Principal Dr. Mohammad Kutty K.K and Zeefasys CEO Niyaz Ahamed on 23-01-2021.





CERTIFICATE

This is to certify that

N.A.M College, Kallikandy, Kannur

**has established Institution Innovation Council(IIC) as per the norms of Innovation Cell,
Ministry of Education, Govt. of India during IIC Calendar year 2020-21**

**Prof. Anil D. Sahasrabudhe
Chairman, AICTE**

**Dr. Abhay Jere
CIO, MHRD,
Innovation Cell**

Date : 2020-09-11

Certificate No : 5005

Swadhyaay (Reading Week Celebration)

Department of commerce in association with IQAC and college library observed the reading week celebration. The programme was held during 19/06/21 to 25/06/21. Various programmes were conducted as the part of the celebration. The students of the college participated in different online competitions including book review, poster making, quotes making, tongue twister, pronunciation of words, poem recitation, Mallu talk, Pictionary game etc. The winners were awarded cash prizes.

Webinar on 'Importance of Soft skills in personal and professional life & job opportunities in current scenario'

Department of Commerce and Avodha group jointly organised a one day webinar entitled 'Importance of Soft skills in personal and professional life & job opportunities in current scenario'. The programme was held on 29th June 2021. The programme was intended to selected students of BBA, B.Com and M.Com. Ms. Suhaila Hashim (Career Expert) was the resource person of the programme. The webinar discussed the importance of soft skill for the development of professional skill. Certificates were awarded to the participants.

The poster is for a webinar organized by the Department of Commerce at N. A. M. College, Kallikkandy, in association with AVODHA. The webinar is titled 'Importance of Soft Skills in Personal and Professional Life & Job Opportunities in Current Scenario'. The resource person is Ms. Suhaila Hashim, a Career Expert. The target group includes students of 1st Year M.Com, 2nd Year BBA, and 2nd Year B.Com. The webinar is scheduled for 29th June at 11:00 AM on the Google Meet platform. Contact information for WhatsApp and enquiries is provided, along with a note that e-certificates will be provided to all participants and the AVODHA website.

DEPARTMENT OF COMMERCE
N. A. M. COLLEGE, KALLIKKANDY
In association with
AVODHA E-learning platform presents

AVODHA
Education for a job

A WEBINAR ON

IMPORTANCE OF SOFT SKILLS IN PERSONAL AND
PROFESSIONAL LIFE &
JOB OPPORTUNITIES IN CURRENT SCENARIO.

RESOURCE PERSON



Suhaila Hashim
Career Expert

TARGET GROUP
STUDENTS OF 1ST YEAR M COM,
2ND YEAR BBA &
2ND YEAR B COM

JOIN US ON : 29TH JUNE, 11:00 AM

platform:
GOOGLE MEET

Join WhatsApp group for further updates
For enquiry :7902903435
8589942570

E-certificate will be provided to all participants
www.avodha.com

10 Day Training on Stock Market

The Department of Commerce in Association with SIAS Research Forum jointly organized a 10 day online training Programme on Stock Market. The training lasted from 01 October to 10th October 2021. The training session discussed the basic terms of stock market and modes of operation of the stock market

POST GRADUATE
DEPARTMENT OF COMMERCE

**NAM COLLEGE
KALLIKKANDY**
Accredited by NAAC with 'B' Grade
Affiliated to Kannur University

SIAS
RESEARCH FORUM

JOINTLY ORGANISES

10 DAYS TRAINING ON
**BASICS OF
STOCK MARKET**
(01st October - 10th October 2021)

- ▶ What is Stock Market?
- ▶ Why Should you invest ?
- ▶ How to make a living from investing in equity?
- ▶ How to buy & Sell Stocks?
- ▶ Fundamental Analysis
- ▶ Some Bluechip stocks to invest safely
- ▶ Live Interactive sessions with Experts
- ▶ Recordings of live sessions will be available

REGISTER HERE >

What you Learn?

More Info :
+91 97783 40864 | +91 99466 02349

Spark Institute of Advanced Science
UV Physics Academy Building, Kohnoor, Calicut University, Kerala - 673 635
M : +91 7893 652 869 | +91 9786 938 011 | E : director@thesias.in | W : www.thesias.in

International Webinar on Leading Innovations: A Promise to Progress

Department of Commerce in association with IQAC organized a one-day international webinar on 16/10/2021. The major objective of webinar was to discuss the recent innovations in the field of commerce and management. The meeting was inaugurated by the principal Dr. Muhammed Kuttty KK . The programme was presided over by Dr. Majeesh T (H O D of Commerce). The topic of the first session was “**Leading Innovations: A Promise to Progress**” which was handled by Dr. Mahesh Ramakrishna Pillai (former dean, COBA, Umm Al Quwain University, UAE . The second session was handled by Dr. Musthaq Ahammed, Asst. Professor, Umm Al Quwain University, UAE) where he talked on the topic

“Cryptocurrency-An Alternative Investment”. Dr. Ashraf (faculty member and convener of the webinar) welcomed the gathering and Mr. Arif MK (faculty member) proposed the vote of thanks.

POSTGRADUATE DEPARTMENT OF COMMERCE
IN ASSOCIATION WITH IQAC
NAM COLLEGE, KALLIKKANDY
(Aided and Affiliated to Kannur University)

INTERNATIONAL WEBINAR

16-10-2021
Saturday, 10 am

Google meet

Session - I (10.15 am to 11 am)
Topic : Leading innovations
a premise to progress

Resource Person :
Dr. Mahesh Ramakrishna Pillai
Former Dean, COBA, Umm Al Quawain University, UAE

Session - II (11.00 am to 11.45 am)
Topic : Cryptocurrency-
An alternative investment

Resource Person :
Dr. Mushthaq Ahammed
Umm Al Quawain University, UAE

FOR REGISTRATION, CONTACT : +91 98466 63601

Dr. Muhammed Kutty KK
Principal

Dr. Majeesh T
HOD of Commerce

Dr. Ashraf E
Coordinator

Job Fair

Career Guidance Cell, NAM College Kallikkandy in association with District Employability Centre, Kannur & Alumni Association Organized a job fair on 04-12-2021. 28 leading employers including Aster MIMS ,PARCO, Milma, Wonderla participated in the recruitment process. Around 900 candidates turned up for the Job Fair, of which 96 were selected by various companies. Many candidates were short listed for the next round selection process. The event was a huge success. Managing Committee of the College took a great initiative in connecting prospective employees with employers through this event. The official inauguration session began with a Welcome Speech of Dr. Muhammed Kutty KK, Principal. This was followed by the inauguration by Mr.KP Mohanan MLA. Mr Rameshan Kuniyil, District Employment Officer in charge presided over the function. The key note address was given by Sri, Chandrashekhar IAS (District Collector, Kannur).Dr MK Madhusoodanan delivered the welcome speech. The programme was felicitated by Dr.Majeesh T and Sameer Parambath Mr.Arif MK , Career Guidance Cell Cordinator proposed the vote of thanks.



Orientation Programme on Premier Institutions

Career Guidance Cell in association with IQAC and college Students' Union, conducted an orientation on Premier Institutions for Post-Graduation. Ms Aneesha Ziya (student union) delivered the welcome address. Dr Muhammed Kutty KK, Principal inaugurated the function, Mr Nasrullah Mambrol , Mr Sakkariya KK, Ms Noushida, Mr Firdouse N and Mr Abdul Ahraf introduced different universities. Dr Shameer AP , Dr Muhammed Ismail and Ali K addressed the gathering. Mr Arif MK chaired the session. .Mr Abdulla of college union was present for the function .99 students attended the programme.

NAM COLLEGE KALLIKKANDY
(Aided and Affiliated to Kannur University)

The Best is yet to be
**Premier Institutions
for Post Graduation
Orientation Programme**

Inauguration:
Dr. MUHAMMED KUTTY KK
Principal

Talk:
Mr. Nasrullah Mambrol (EFLU)
Mr. Sakkariya KK (CUCET)
Ms. Noushida (JNU)
Mr. Abdul Ahraf (Pondicherry University)
Mr. Firdouse N (Delhi University)

14 MARCH 2022 11:45 AM, SEMINAR HALL

**IQAC, COLLEGE STUDENTS UNION
CAREER GUIDANCE AND COUNSELLING CELL**

Webinar on Wellness in Women's Life

Women cell of NAM College conducted a webinar on the topic 'Wellness in women's life' on 13.10.2021 via google meet. The programme started with the welcome address by Smt. Shabina K K, Co-coordinator, Women cell and inaugurated by Dr. K K Muhammed Kutty, Principal, NAM College. Dr. Deepthi V Nair (Special medical officer, Ayush gramam, Kuthuparamba) was the resource person. She spoke about the importance of women health and wellness for the wellbeing of society. The participants cleared their doubts regarding menstruation and other issues related to women's health.

NAM COLLEGE KALLIKKANDY
(Aided and Affiliated to Kannur University)

Wellness in Women's life

International
Girl Child Day

SPECIAL INVITED TALK

**INAUGURATION
DR. MUHAMMED KUTTY K.K.**
(Principal, NAM College)

**RESOURCE PERSON
DR. DEEPTHI V NAIR**
(Special Medical Officer, Ayush Gramam, Kuthuparamba)

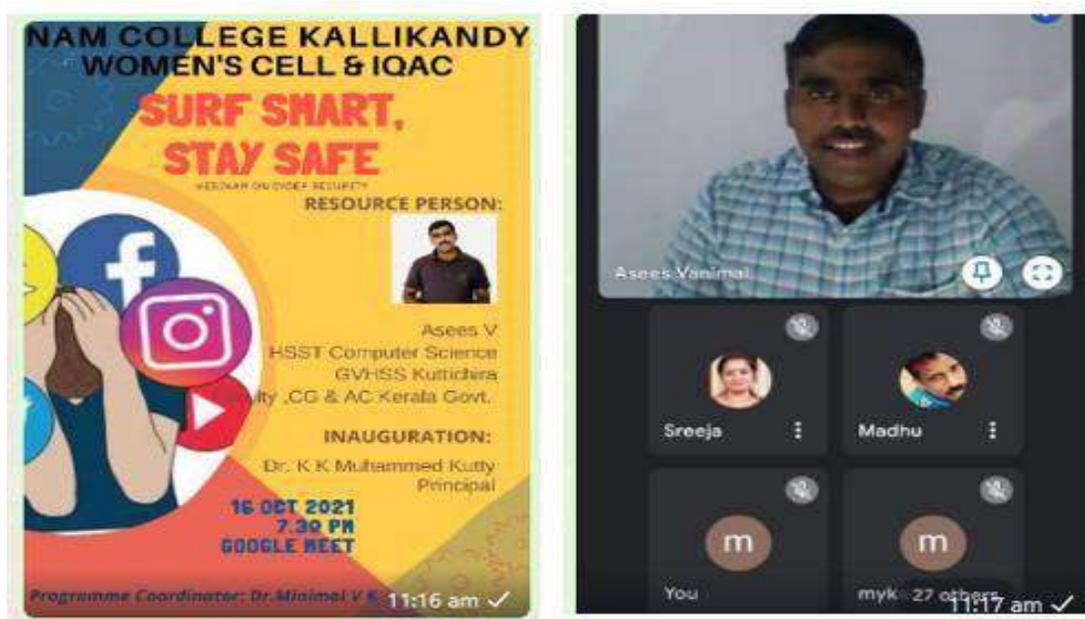
On 13th Oct 2021 at 7.30 PM Google Meet

WOMEN CELL & IQAC



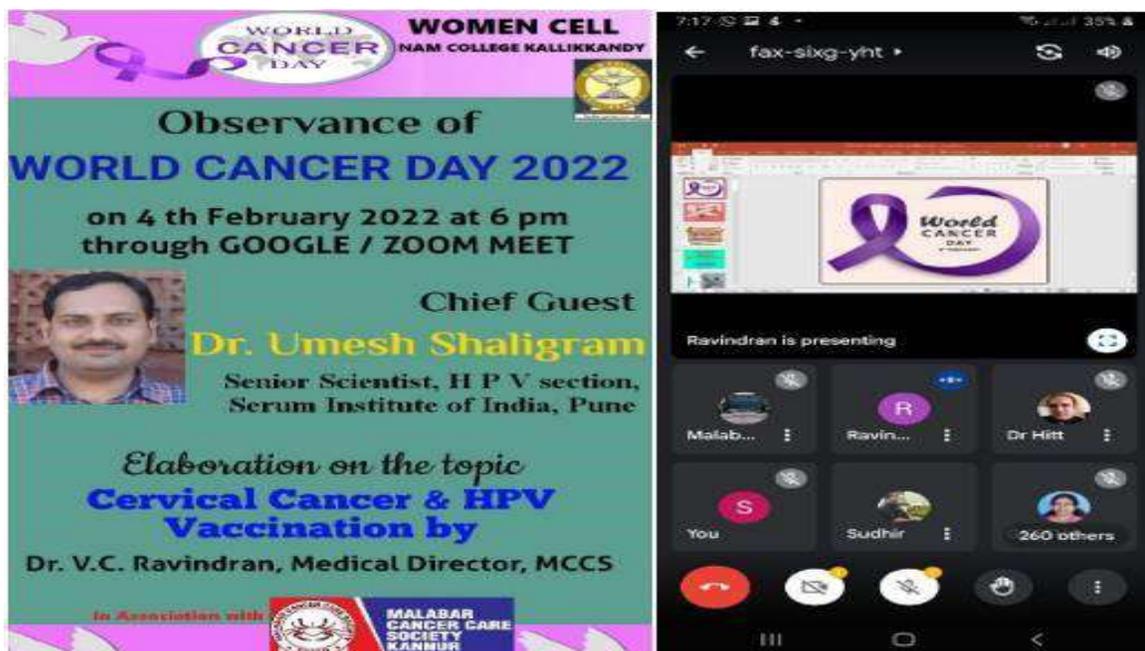
Webinar On Cyber World- Surf Smart, Stay Safe

A webinar on the topic 'Surf Smart, Stay Safe' was conducted on 16.10.2021 via google meet. Dr. K K Muhammed Kutty, Principal of NAM College inaugurated the programme. Mr. Anees V (HSST computer science, GVHSS, Kuttichira, Faculty, CG & AC Govt. of Kerala). He gave an idea about the online platforms and the possibilities available on these social platforms. He also explained the traps hidden while using such social platforms. This webinar was very helpful for both students and teachers as it was conducted during Covid pandemic period. During that time all the teaching- learning processes are switched to online mode. He gave a clear picture about how we can use the online platforms for one's own advancement.



Webinar on Cervical Cancer and HPV Vaccination

In connection with World Cancer Day Women Cell conducted a webinar on the topic 'Cervical cancer and HPV vaccination' on 04.02.2022 via google meet. Dr. Umesh Shaligram (Senior Scientist, HPV section, Serum institute of India, Pune) inaugurated the programme and the topic was elaborated by Dr. V C Ravindran (Medical Director, Malabar Cancer Care Society, Kannur). The programme was aimed to give awareness on various types of cancers especially affecting women. They mainly focused on cervical cancer and HPV vaccination and other treatments available now for the eradication of cancer.



Seminar on ‘Soft Skill Development for Women Empowerment

Women Cell in association with Department of Polymer Chemistry and Computer Science, conducted a seminar on the topic ‘Soft Skills for Women Empowerment’ on 10.03.2022 at the seminar hall. The programme was inaugurated by Dr. K K Muhammed Kutty, Principal, NAM College. Rahina P and Swaliha Backer (Consultant psychologists, Annex psychology and research centre, Kallachi) were the resource persons. They gave an idea about the need of skill acquisition for women empowerment. They motivated the students to achieve their goals in life.



Webinar on ‘Gender Relationship and Gender Laws’

In association with Mahila Shakthi Kendra, Kannur, Women and child welfare department, Govt. Of Kerala, Women Cell conducted a webinar on the topic ‘Gender Relationship and Gender Laws’ on 26.02.2022 via google meet. Dr. K K Muhammed Kutty, Principal, NAM College, inaugurated the programme. Mr. Jestine K Joseph (Project consultant, NSS technical cell, Kerala) was the resource person. The programme started with the welcome address by Seniya Jerin (Women Welfare Officer, Mahila Shakthi Kendra, Kannur). He gave an idea about the importance of gender equity in the present social situation. He explained the discrimination that still exists in the society against girls and women by quoting various incidents and facts. He also gave awareness about various laws and schemes that are ensured by the Government for the protection of girls and women.



Blood Donation Camp

In association with NCC, NSS, NAM College, Malabar Cancer Centre, Thalassery, Angel Wing & Blood Donors Kerala, Thalassery, Women Cell conducted a blood donation camp on 03.02.2022 in connection with the World Cancer Day. Ms. Reena Varghese (Coastal guard sub inspector, Mahe) inaugurated the programme. This programme mainly aimed to promote girls to donate blood. 60 girls and 20 boys donated blood to Blood bank of Malabar Cancer center.



Open Debate

Women cell conducted an open debate on the topic “Does body matter” on 08.03.2022. Ms. Sheetal N (Assistant professor, PG Department of English) was the mediator of the programme. Students from various departments participated in the programme. Prizes were distributed to the winners.



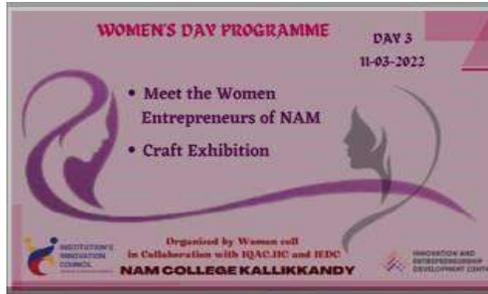
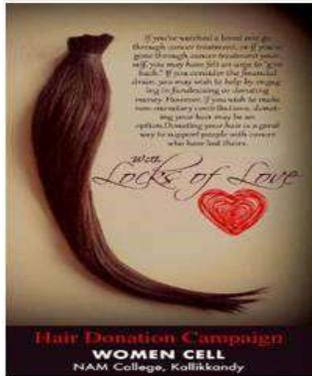
Meet the Women Entrepreneurs of NAM

'Meet the women Entrepreneurs of NAM' programme was conducted by the women cell on 11.03.2022 at seminar hall. Student entrepreneurs were honored in the programme by the principal. They shared their experience as entrepreneurs with the students and the faculty. We felt immense pride in honoring female entrepreneurs of the college, who are all independent and self-sufficient



Hair Donation Camp

Women cell conducted hair donation camp on 31.03.2022 to help the cancer patients. Dr. K K Muhammed Kutty, Principal, NAM college inaugurated the programme. Ms. Reena Varghese (Coastal guard SI, Mahe, Member of Angel wing, Thalassery) received the hair donated by the students. Seven students from various departments volunteered to donate their hair. The programme was aimed at creating empathy towards fellow human beings.



International Yoga Day

As a part of the seventh International Day of Yoga, NCC unit of NAM College Kallikkandy celebrated IDY virtually due to the pandemic. The programme was inaugurated by Dr. K K Muhammed Kutty, Principal of the college and Lt. Dr Shameer A P presided over the function. Sri. Muhammed Ismayil K M, IQAC coordinator, Prof Murali T, Physical Education Director , PRNSS College Mattannur , Cadet P K Shuhaib were present during the function. Prof Ravikrishnan T , well known Yoga trainer demonstrated the yoga through google meet and he delivered a speech on the topic ‘ Yoga and Health.

Anti -Drug Day

As a part of this responsibility the NCC unit of college had held the International Day against Drug Abuse On 26th June 2021. The college recognizes that the use and abuse of alcohol and other drugs may interfere with students educational goals and will also interfere with the education environment. “Say no to Drugs, Yes to Life”, “Avoid drugs chooses life”, “Drug kills” were the captions for the day. The programme was inaugurated by Sri. Sameer K K, Civil Excise Officer, Thalassery through online mode. Lt Dr. Shameer A.P , NCC officer presided over the function. P K Muhammed Shuhaib, T Muhammed Mubashir, A Theertha, K C Amrutha, C T Kashyap were coordinate the programme.

Kargil Day

NCC Unit of NAM College celebrated Kargil Vijay Diwas on 26th July 2019 to honour the Kargil War Heroes, who had laid down their lives for the country. The NCC cadets were assigned a set of activities like making posters, giving speeches. Sub Major and Honorary Cap MC Krishnan, former SM of 31 Kerala Bn NCC Kannur inaugurated the function. NCC Officer Lr Dt. Shameer A.P Presided over the function. T/o Muhammed Rafi K , Sgt Muhammed Shuhaib, Sgt Kashyap C T felicitated the function. All cadets were attended the programme

Visited *Thanal* Old Age Home

Second year students of BA History, NAM college visited Thanal Old Age Home, Edacherry along with the faculty members. The Programme was inaugurated by Principal Dr. Muhammed Kutty in the presence of Dr.Joy Varkey, Head of the History Department, Dr.Munira Beebi, Dr.Anas Edoli and Mr. Munafer Kappil. Students spent some quality time with the inmates and gifted a shelf as a token of love.

